



BFS

THE MEDITERRANEAN RESTAURANT

“Take Your Taste to a Different Place”

Est. 1989 and years of Service Excellence!



**CATERING
MENU**

Distinctive Catering For All Occasions

Hot and Cold Buffets Mediterranean Cuisine Picnics/ Outings
Lunch and Dinner Buffets Hors d’oeuvres Vegetarian Menus

BFS puts a twist on all food presentation to create that special Theme Party. Choose between Lebanese, Moroccan Casablanca, Greek Theme, or a Traditional Summer Picnic for any occasion or season. Imagination is the only limitation

**Private Parties
Office Parties**

**Corporate Functions
Business Meetings**

**Weddings
Graduations**

**Bridal Showers
Grand Openings**

We will gladly customized your special menu. Let’s make your occasion an unforgettable event!
Let BFS Cater Your Next Affair...and be a Guest at Your Own Party!

Eat Better Fresher Smarter

1736 Western Avenue, Albany NY

www.bfsrestaurant.com

452-6342



HORS D'OEUVRES

Starters

Sundried Tomato Feta, Mediterranean Dips with Pita, Insalata Caprese, Tyropita, Focaccia, Stromboli, Mini Puff Pastries, Mini Quiche, Assorted Cold Canapés, Tortellini Skewers, Spanakopita

The Lighter Side

Stuffed Grape leaves, Spinach Roulade, Vegetable Crudités w/Tzatziki, Melon Prosciutto, Assorted Olives, Salami Cornets, Fruit Kabobs, Baba Ghanooj, Prosciutto w/Figs

Extremers

Bacon wrapped Scallops/Shrimp, Chicken or Beef Sates, Beef Kefta, Kibbe Balls, Roasted Sweet Red Peppers, Lahmajun (Armenian Pizza), Deviled Eggs, Assorted Pate, Baked Goat Cheese, Chicken Wings, Swedish Meatballs, Italian Meatballs, Stuffed Mushrooms, Garlicky Mushrooms

Silver Package: Starts at \$6.75 per person-select two items from the *Starters*

Premium Package: Starts at \$7.95 per person-select two items from *Starters* and two items from *The Lighter Side*

Platinum Package: Starts at \$9.75 per person-select two items from *Starters*, two items from *The Lighter Side* and one item from *Extremers*

Additions to the Packages: Start at \$1.95 pp

(one hour of hors d'oeuvres with dinner)

Extended Cocktail Hours may vary

All Menu and prices are subject to change without Notice
Thank You for Your Patronage

SPECIALTY HORS D'OEUVRES

Combo Cheese/Fruit Platter: Selection of domestic and imported cheeses accompanied by fresh fruit and assorted crackers- **\$69.00**

Mediterranean Relish Tray: Volumes of imported olives, grape leaves, marinated vegetables & feta cheese on a bed of greens served with pita bread- **\$55.00**

Baked Brie en Croute: Triple cream Baked Brie with brown sugar and walnuts in puff pastry served with crackers- **\$52.00**

Iced Jumbo Shrimp Bowl- **\$100.00**

Fresh Fruit: (seasonal) beautifully displayed served with assorted dips- **\$59.00**

Antipasto Platter: a bed of mixed salad greens topped with Italian meats, cheeses, roasted red peppers, artichoke hearts, marinated mushrooms and olives served with breads- **\$69.00**

Smoked Salmon Platter: Thinly sliced salmon served with diced tomatoes, onions, capers and lemon- **\$85.00**

Crudités: Display of fresh raw vegetables with assorted dips- **\$49.00**

GIANT BFS SUBS

4-Foot serves 20-22 \$59

5-Foot serves 25-27 \$69

6-Foot serves 30-32 \$79

Includes lettuce, tomato, onion, & olives
\$5.00 additional for Mixed Meats

DIPS

Smoked Salmon Spread, Herbed Cream Cheese, Labnee Yogurt, Seafood Dip, Honey Yogurt Dip, Cheddar & Horseradish, Tarmasalata, Black Bean Hummus, Red Pepper Hummus, Fresh Salsas & Chips

All priced per unit weight

BOX MEALS

48 hours notice required

\$10.75 ea. Includes utensils

Side of Pasta Salad and a giant cookie



Mediterranean Lunch Box

Wrap stuffed with choice of Turkey, Roast Beef, or Vegetarian each topped with cucumbers, tomatoes, lettuce and olives.

Deli Lunch Box

A full sized deli sandwich on Italian bread with all fixings.

Italian Lunch Box

Italian baguette topped with slices of grilled eggplant and garlic herbed cream cheese and roasted red peppers.



Heart Smart Lunch Box

Grilled chicken breast over a bed mixed greens or spinach served with choice of dressing.

We will be happy to customize a special menu or add other entrée selections for your function.

All Specialty Hors d'oeuvres Platters are Priced based on serving 20-25 guests



ENTREES

Salmon Roulade
 Stuffed Sole, Seafood Penne,
 Seafood Strudel, Meat or Vegetable Lasagna ,
 Sweet Italian Sausage N' Peppers, Baked Ziti,
 Jumbo Stuffed Shells, Baked Macaroni and
 Cheese, Spinach Roulade, Potato/Broccoli Strudel,
 Moroccan Chicken, Lemon Herb Chicken, Chicken
 Parmigiana, Chicken Picatta, Chicken Kabobs,
 Raspberry Chicken, Stuffed Chicken Breast,
 Chicken n' Peppers, Sliced Beef Tenderloin , Sliced
 Roast Beef, Sliced Marinated Leg of Lamb, Beef
 Kabobs, Beef Cacciatore, Pasta Alfredo
 Stuffed Cabbage, Moroccan Chicken
 Eggplant Roulade

HOT SIDE DISHES

Vegetable Medley,
 Vegetable Orzo, Glazed carrots,
 Basmati Rice Pilaf, Armenian Lentil
 Pilaf, Green Beans Almandine,
 Vegetable Couscous Pilaf, Roasted Red
 Peppers, Garlic Roasted Potatoes
 Grilled vegetables, Moroccan Stew,
 Ratatouille, And How About Soup

GOLD SIDE DISHES

Couscous Salad, Cucumber Tomato
 Vinaigrette, Fresh Fruit , Pasta
 Primavera Salad, Greek Pasta Salad,
 Antipasto Salad, New Potato Salad,
 Chick Pea Salad, Basmati Rice &
 Lentil Salad, Tortellini Salad
 Traditional Caesar, Tomato & Feta
 Tomato Mozzarella and Pesto

DESSERTS

Middle Eastern Pastries, Italian Mini Pastries
 Whole Cakes, Chocolate dipped strawberries
 Italian Cookie Platter Decorated, Apple Crisp
 Special Order Cakes, Assorted Cake Slice Platter,
 Homemade Cookies, Gourmet Cake,
 Italian Mini Pastries, Fudge Brownies



Other Dessert Options are Available

DINNER AND LUNCH BUFFETS

Dinner Buffet Options Include*:

Tossed Garden Salad with dressing, Fresh Bread/Rolls and Butter
 Three Entree Selections
 Three Side Dish Selections
 One Dessert Selection

*Includes all Disposable Paper Products and Serving Utensils
 Dinner starts at **\$22..95** per person (minimum 25 Guests)

Lunch Buffet Options Include:

The Grand Deli Buffet*:

Assorted Pre made sandwiches
 or Meat & Cheese platter,
 choice of salad, Pickles, Olives,
 Tomatoes Tray, Condiments,
 Assorted Breads, Potato chips
 and assorted sodas.

(\$8.75 per person, min of 10 ppl)

Wrap City By BFS*:

Our Famous Assorted Wraps
 which includes various
 vegetarian and meat
 selections, choice of salad,
 Pickles and Olives, Potato
 Chips, and assorted sodas.

(\$8.95 per person, min of 10 ppl)

The Capital Buffet* : (Starts at \$12..95 per person, min of 25 ppl)

Any two Hot Entrées or One Hot Entrée and an Assorted Meat &
 Cheese Platter with Sliced Tomatoes, Lettuce and Olives
 Two Cold or Two Hot Side Dishes,
 Condiments, Fresh Bread/Rolls & Butter

*Includes all Disposable Paper ware and Serving Utensils

*"Desserts, Coffee, Tea, can be added for an Additional Price"

ADDITIONAL BUFFET OPTIONS

Add \$6.50 per person

Carving Stations

Roast Turkey Breast, Roast Top Sirloin of Beef, Smoked Turkey
 or Country Baked Ham carved to order with all Fixings

Pasta Station

Fresh Pasta (Ravioli, Tortellini, Ziti Penne) with choice of
 Assorted vegetables and Alfredo, Marinara, & Pesto sauces

We can assist you to customize your menu from above
 selections or from our restaurant menu

Chicken Entrées (Small/ Large)*

Florentine	\$55/ \$95
Moroccan	\$60/ \$99
Marsala	\$55/ \$99
Artichoke	\$55/ \$99
Parmigiana	\$55/ \$99
Dijon	\$55/ \$85
Blackened	\$55/ \$99
Picatta	\$55/ \$99
Cacciatore	\$55/ \$99
Curried	\$55/ \$99
Kabobs	\$60/ \$99
Pesto	\$55/ \$99
BBQ	\$50/ \$99
Stir Fry	\$45/ \$85
Zataar	\$50/ \$99

Beef/ Lamb Entrées (Small/ Large)*

Sliced Beef Tenderloin	Market
Beef Stir Fry	\$45/ \$85
Stuffed Cabbage	\$45/ \$85
Baked Kibbe	\$60/\$105
Moroccan Lamb Kabobs	\$65/\$105
Moussaka	\$60/\$115
Marinated Leg of Lamb	Market
Kefta Kabobs	\$50/ \$95
Veal Parmigiana	\$60/\$115
Sausage & Peppers	\$45/ \$85
Veal Sorrento	\$85/\$150
Veal Marsala	\$85/\$150
Saltimbocca	\$70/\$130
Three Meat Lasagna	\$45/ \$89
Lamb CousCous	\$45/ \$89

Cold Hors d'œuvres (per Unit)

Iced Shrimp Bowl	\$ 1.50 ea
Fruit Kabobs	\$ 9.50/dz
Deviled Eggs	\$ 9.50/dz
Assorted Pate	\$12.95lb
Baba Ghanooj	\$ 8.99lb
Humus bi Tahini	\$ 8.99lb
Heart of Palm	\$ 8.99lb
Fresh Mozzarella/Tomato/Basil	\$ 2.50pp
Melon & Prosciutto	\$14.00/dz
Mediterranean Relish Tray	\$ 2.50pp
Prosciutto w/Figs	\$14.00
Pickled Eggplant	\$ 6.95lb
Salami Cornets	\$14.00
Salmon Mousse	\$16.00lb
Stuffed Grape Leaves	\$ 8.99lb
Tortellini Skewers	\$14.00
Smoked Ham n' Biscuit	\$1.50ea
Smoked Salmon	\$16.95lb
Poached Salmon	\$16.95lb
Assorted Canapes	\$1.50ea
Assorted Crustini	\$1.50ea

Hot Hors d'œuvres (Per Unit)

Assorted Mini Quiches	\$12.00
Beef Kefta	\$15.00
Assorted Mini-Colored Raviolo	\$18.00
Buffalo Wings	\$ 4.95
Chicken Sates	\$14.00
Baked Goat Cheese	\$ 9.50lb
Focaccia Pizzas	\$ 7.50ea
Italian Meatballs	\$ 7.50dz
Lahamajune	\$ 1.75ea
Mini Puff Pastries	\$14.00
Fried Black Bean Wontons	\$14.00
Fried Avocado Wontons	\$14.00
Cajun Shrimp Skewers	\$ 2.90ea
Spanakopita Triangles	\$35.00
Pigs in a Blanket	\$ 10.80
Tyropita Triangles	\$35.00
Kibbe Footballs	\$1.80
Lamb/Beef/Chicken Kabob	\$ 5.49ea
Scallops in Bacon	\$18.00
Swedish Meatballs	\$ 7.50dz
Stuffed Mushrooms	\$14.00

Fish/Seafood Entrées (Small/ Large)

Shrimp Scampi	\$85/ \$165
Baked Fresh Fish	Market
Baked Scallops	Market
Grilled Swordfish	\$85/ \$160
Sole Florentine	\$85/ \$160
Baked Stuffed Shrimp	\$90/ \$180
Grilled Tuna	\$80/ \$160
Cajun Shrimp	\$85/ \$165
Paella	Market
Salmon Roulade	\$70/ \$140
Cajun Tuna	\$70/ \$135
Blackened Fish	Market
Sesame Crusted Tuna	Market

Pasta and Vegetable(Small/ Large)

Spanakopita	\$35/ \$69
Tyropita	\$35/ \$65
Vegetable Lasagna	\$45/ \$80
Eggplant Parmigiana	\$45/ \$80
Baked Ravioli	\$40/ \$75
Tortellini Ala Pana	\$45/ \$79
Baked Ziti	\$35/ \$65
Quiche (assorted)	\$35/ \$65
Vegetable CousCous	\$35/ \$65
Stuffed Jumbo Shells	\$40/ \$70
Baked Macaroni & Cheese	\$35/ \$70
Tri-Colored Tortellini/Sauce	\$45/ \$85

Other selections are also Available**Large (20-25 ppl)****Spreads**

Smoked Salmon Spread	\$9.50lb
Herbed Cream Cheese	\$7.95lb
Cheddar & Horseradish	\$7.75lb
Tarmasalata	\$10.00lb
Fresh Tortas	\$10.99lb
Labnee Yogurt	\$8.50lb
Mediterranean Spreads	\$8.99lb

Dips

Seafood Dip	\$9.50lb
Vegetable Dip	\$8.00lb
Black Bean Dip	\$9.00lb
Spinach Dip in Bread Bowl	\$25.00
Fruited Yogurt Dip	\$7.00lb
Humus bi Tahini	\$8.99lb
Baba Ghanooj	\$8.99lb

All Entrees served in Small (10-12ppl),*Other Matters And Services****TENTATIVE CONFIRMATION:** A catering function requested by telephone is tentative until the authorized representative confirms or remits the required or assigned deposit as needed.**PAYMENTS:** All payments are due at time services are rendered except contracts, Corporate Accounts, billed accounts or as approved by management.**CHINA, SILVERWARE:** BFS Restaurant will provide china, glass ware and silverware per party requirements at an additional cost. CHARGES VARY PER UNIT PER ITEM.**TENTS AND SPECIAL FUNCTION AND EVENTS RENTALS:** We can assist you and make arrangements for all the details of your special event. All Rental Costs are billed separately and are additional.**LINEN:** BFS will provide linens in colors and sizes of your selection at an additional cost.**ENTERTAINMENT, PHOTOGRAPHIC & FLORAL REQUIREMENTS:** BFS will be pleased to assist in making arrangements for these services or make recommendations as needed.**PRICE CHANGES:** All printed catering menu prices are subject to change without notice; all contract prices will be honored.**WAITSTAFF:** Waitstaff and Bartenders are available for your party, at a rate of \$120.00 minimum and at \$25 per hour per staff. (Minimum includes four hours of on- site time per staff).**NEW YORK STATE SALES TAX:** The applicable NYS sales tax will be added to all food and beverage charges unless accompanied by an authorized and completed tax exempt Form.**SERVICE and GRATUITYCHARGES:** The customary 10%-15% service charge will be added to all food and beverage bill, And a 17% Gratuity is also added to all staffed functions.**NOTICE OF CANCELLATION:** A 24 hour notice of cancellation is mandatory or a 25% Cancellation service charge may be incurred.**EQUIPMENT RETURN:** All BFS equipment etc. used by client must be returned within 24 hours, clean and undamaged, otherwise, a 10% service charge will be incurred.